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*.....The poor and helpless have fled to you
 and have been saved in times of trouble..... Isaiah 25:4*

Update 2008

St. Phillip's Clinic, Tabora

This past year has seen a great increase of patient numbers. Many more patients with HIV are being diagnosed and treated. We now have two full time counsellors for these patients. We also hold a weekly specialist clinic for patients with hypertension, heart disease and diabetes.

The mobile clinic, started over a year ago, is going strong and at present a village with four sub villages is visited by a small team every other Saturday. It is 50 km outside Tabora, 40 km by 4 wheel drive and the last 10km by bicycle as the road is impassable. Around 80 patients, mainly women and children are seen each visit. We provide child immunization and child health checkups, ante-natal care, lab services and medical care in a local primary school. We have carried out over 1000 immunizations, seen about 1,500 patients and made over 300 ante-natal care visits. (Without the mobile clinic most of these patients would not have received any of this help because travelling out of the village is difficult and costly). Since October we have purchased a house to use instead of the school and this makes it possible to go midweek rather than at the weekend. In recognition of our work the



Regional Government Hospital has seconded two staff to work in our clinic, one is a nurse/midwife and one is a clinical officer. Our clinical team now mainly consists of a doctor in charge doing administration and clinical work, 3 clinical officers who work like doctors, 2 nurse/midwives, 4 nurse assistants, 2 receptionists, 4 lab staff and 2 part time watch men. During the next year we are planning to extend the range of lab tests e.g. liver function and kidney function tests. There is no lab in the Tabora region which provides this full service. We hope to run additional HIV courses and are looking to extend our mobile service to other villages. The Clinic has been designed to be self-supporting and, if possible, profit making with the idea of putting this profit back into the community work, which does not pay. Our income has doubled with the increased patient numbers but unfortunately this coming year new Government regulations have meant salaries will have to be trebled. We are very grateful for all the support we are receiving, prayers and financially and would ask you to continue remembering us in your prayers as we face many challenges. Staff at St. Phillip's send you greetings and wish you every Blessing.

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If you would like to support the Mobile Clinic at St. Phillip's please return this form together with your gift to AMARA Aid at the address above.

I wish to support the Mobile Clinic at St. Phillip's, Tabora by making a donation of £.....

As a tax payer I wish AMARA Aid to benefit from the Gift Aid Scheme on:

- all my donations since 29/11/01 and on all my donations hereafter.
- the enclosed donation only

Name..... Signature.....
 Address..... Date.....
 Postcode.....